

ADOPT-A-ROAD

SAFETY RECOMMENDATIONS

Participants should:

- Know emergency procedures such as the location of the nearest emergency facility, and how to quickly summon the police or ambulance.
- Provide their own First-Aid Kit, and include kit with other supplies during litter pickups.
- Avoid over exertion and heat problems by drinking water and taking breaks.
- Carpool to the litter pickup site.
- Wear the recommended attire: Long sleeves, blue jeans or long pants, leather shoes or boots, and gloves.
- Be careful of contact with poisonous plants, bees, wasps, hornets, fire-ants, and snakes. The recommended attire will usually prevent irritations from most poisonous plants.
- Pay special attention to the handling of broken glass. Participants must be careful not to step or kneel on broken glass.
- Be aware of visibility problems.
- Be prepared for any unexpected behavior of motorists.
- Park vehicles a safe distance from the traveled roadway.
- Attempt to walk facing on-coming traffic.
- Do not stand or jump on guiderails, drainage pipes or on concrete walls.